

Antenatal Breastfeeding Sessions

Join the Community Health Breastfeeding Support Service for a one hour session to learn about breastfeeding before your baby is born.

Topics covered include:

- What happens to breasts during pregnancy and the impact on feeding.
- Identifying your support team
- Benefits of breastfeeding
- Incorporating breastfeeding into your life
- Practical activities and more!

NOTE: Sessions open to women and partners at any stage of pregnancy.

For more information or to register your interest in attending, contact Community Health



Swan Hill
District Health
Connected Care. Best Experience.



UPCOMING SESSIONS

JUNE 2026 - lunchtime session

Monday 1st June 12.30pm - 1.30pm @ Community Health
125 Campbell St, Swan Hill

JULY 2026

Monday 6th July 9am-10am @
Community Health

AUGUST 2026 - evening session

Wednesday 5th Aug 6pm-7pm @
Child and Family Hub
63 McCrae Street, Swan Hill

SEPTEMBER 2026

Monday 7th Sep 9am-10am @
Community Health

OCTOBER 2026

Monday 5th Oct 9am-10am @
Community Health

NOV 2026 - evening session

Wednesday 4th Nov 6pm-7pm @
Child and Family Hub

DECEMBER 2026

Monday 7th Dec 9am-10am @
Community Health