

Antenatal Breastfeeding Sessions

Join the Community Health Breastfeeding Support Service for a one hour session to learn about breastfeeding before your baby is born.

Topics covered include:

- What happens to breasts during pregnancy and the impact on feeding.
- Identifying your support team
- Benefits of breastfeeding
- Incorporating breastfeeding into your life
- Practical activities and more!

NOTE: Sessions open to women and partners at any stage of pregnancy.

For more information or to register your interest in attending, contact Community Health



5033 9337



**Swan Hill
District Health**
Connected Care. Best Experience.



UPCOMING SESSIONS

JUNE 2026 - lunchtime session

Monday 1st June 12.30pm - 1.30pm @ Community Health
125 Campbell St, Swan Hill

JULY 2026

Monday 6th July 9am-10am @
Community Health

AUGUST 2026 - evening session

Wednesday 5th Aug 6pm-7pm @
Child and Family Hub
63 McCrae Street, Swan Hill

SEPTEMBER 2026

Monday 7th Sep 9am-10am @
Community Health

OCTOBER 2026

Monday 5th Oct 9am-10am @
Community Health

NOV 2026 - evening session

Wednesday 4th Nov 6pm-7pm @
Child and Family Hub