CLINIC 60 FAQS

FREE YOUTH HEALTH SERVICE

How can Clinic 60 help me?
The clinic offers testing, treatment, advice and support in all areas of sexual health. If you're sexually active, it's important to have a sexual health check every 12 months, or whenever you have symptoms or change sexual partners. We want you to feel comfortable to come as often as you need for your free sexual health check.

Who is Clinic 60 for?
Our service is free for everyone under the age of 30.

Is the clinic confidential?
Yes, Clinic 60 is confidential and privacy laws cover all our services.

Can I just walk in?
We prefer if you call ahead to book an appointment. Usually it only takes about 15 - 30 minutes for an STI test, but we will always give you as much time as you need. You can book an appointment in person (125 Campbell St) or by giving us a call on (03) 5033 9337.

Can I get contraceptive advice?
Our Clinic 60 staff can talk to you about different forms of contraception, how each works and which one is best for you.

Do you provide free condoms?
Yes, free condoms are available at reception or in the room of your appointment.

What if I'm pregnant?
Clinic 60 can provide testing, support and options on pregnancy choices. Giving you all the facts needed to make an informed choice about your health and wellbeing. We are a non-judgmental service; we will support you with information on all your options: pregnancy care and how to access support in our community; termination of pregnancy, including medical and surgical; and advice about adoption.

What STIs are tested at Clinic 60?
We test for sexually transmitted infections and provide treatment as required.

I don't have any symptoms - why would I get an STI test done?
It's really important to have an STI test even if you don't have any symptoms. Often you can have an STI with no symptoms.

I haven't been sexually active for a few years. Do I need an STI test?
If you haven't been sexually active since your last STI test, you may not need a test.

FOR MORE INFORMATION:

Community Health | Swan Hill District Health

Phone: (03) 5033 9337 | **Email:** chreception@shdh.org.au

Clinic 60

Swan Hill District Health
Connected Care. Best Experience.

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FAQs continued...

What happens during the appointment?
During your appointment we may want to learn a few things about you to give you the best advice and treatment. Some of the questions may be personal, but do not feel embarrassed we are not here to judge and we are used to asking these questions, all day, everyday. We may ask:

- Are you sexually active?
- Do you have a current partner?
- Do you use contraception? And what sort?
- Do you have any symptoms?
- Are you, or the partner an IV drug user?
- Do you partake in any practices that could increase your risk of STIs?

What if I don't feel comfortable during the appointment?
Tell the nurse practitioner if you feel anxious or you do not feel comfortable. It is okay to feel nervous before and also during your appointment, the nurses are very understanding, it is okay to ask for a break.

What happens if I test positive to an STI test?
Test results take 7-10 days to return from pathology. The nurse practitioner calls you and leaves a message that you have agreed to leave on your phone. A follow-up appointment with the nurse practitioner is needed for antibiotic treatment and this appointment can be arranged for you.

What if I don't want my parents/employer to know that I'm getting an STI test done?
You can get an STI test without parents/employer involvement. That means we won't tell parents or anyone else. We are strictly confidential.

Do I need to shave, wash or prepare in any way for my appointment?
We are a non-judgmental service and do not require any preparation.

What if I know someone who works at Clinic 60?
We understand that sometimes you want to remain anonymous. Our Clinic 60 staff keep all information confidential. We have other services operating out of the same building including Health Promotion, Dietetics, and Community Health, which means you could be attending the Clinic for a number of different reasons.

I'm worried about my partner - can you give me advice?
We are good listeners, who care about you. We want you to feel comfortable to raise any issues that are important to you and we can provide you with information and referrals to services who can help.

What LGBTIQA+ support do you offer?
Clinic 60 provides reproductive and sexual health services, information and referrals to LGBTIQA+ clients. We are an inclusive and safe service who can provide you with a listening ear, or provide you with more information, support or advice on local or regional support services and groups.

Where can I get more information?
For more information about contraception, pregnancy options and sexual health in Victoria. Call 1800 696784 or visit the 1800 My Options website at www.1800myoptions.org.au